



ADVANCE at a Glance

Winter 2008-2009

Becky's 9th Anniversary at Aramark!

By: Becky Hedlund

I ,Becky Hedlund started working at SDSU on Feb. 7th, 1999 and at that time I was on the Food Line for 4 months until the Boss at that time decided to moved me to the dish room and that is where I have been since. I didn't do anything for my 9th anniversary this year. I have been making new friends since I started working up there. I use the BATA (Community Bus) to get to work everyday and then out to Advance 4 days to exercise. On Friday's I go home after I get done with work to my apartment. I sure do like my Boss Julie Jackson and we all have fun at our jobs. "My job as a Dishwasher" 1.Take the dirty dishes from the trays where the kids put

the dirty dishes. 2. Do pots and pans. 3. Put the clean dishes on the carts. 4.Pitchers Put the clean pots and pans on the shelves. 5. Do Silver ware put the silverware in the containers on silverware cart and roll the cart to the Dining room before the kids come in for lunch 6. If anyone needs anything washed just do it. 7. Punch in at 7:30A.M. in the morning on the time clock and began working until it is time to go home at 3:00p.m. in the afternoon. 8. Put the glasses out so the kids can use the glasses for the pop, juice or milk if the kids would like to drink anything. 9. Bring plates out

to the dining room for the cooks to dish up the food for the kids. 10. Bring small plates out to the dining room and put the small plates on the corners and by the toaster and bring out the cereal bowls out to put by the cereal. 11. Ask the kids how their day is going for them!



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Geoffrey Takes Guitar Lessons

By Geoffrey Stoner and Danielle Cronkhite

I have been taking guitar lessons since last fall. I have a guitar lesson every Thursday after work in my home. Chris is a college student who is learning to be a newspaper person. He is my guitar teacher. I have been learning chords, strumming patterns, finger picking, and playing one string at a time. I have also learned to tune the guitar. I have a goal to becoming a good guitar player and play songs from the Kingston Trio, Peter, Paul, and Mary, and Johnny Cash's Folsom Prison Blues.

Meet Presley

By: Marv Bahr



I got my dog Presley at the South Dakota Boxer Rescue. It is a non-profit organization that rescues Boxers from the dog pound. They are located primarily in southeast South Dakota, northwest Iowa, northeast Nebraska, and western Minnesota. They foster unwanted and unloved dogs and try to find them a good home. They are selling boxer candy bars right now for \$2 or 3 for \$5. If anyone is interested in getting a candy bar or finding out more, let me know or go to sdboxerrescue.com and check it out.



Top L: Marv shows Tawnya M Presley

Bottom L: Amy H. and Presley both get a good picture together

Top R: Elizabeth C. takes a minute to pet Presley

Bottom R: Presley is trying to figure out how to get onto that couch with Randy



Amy's Spot

By: Amy McGregor



Sherri Froehlich and I are involved in partners and policy-making we enjoy it a lot! We have listened to many speakers about disability issues. It is a very educational program that teaches people to advocate for themselves and their loved ones. The location of partners and policymaking is in Pierre, South Dakota. I have learned

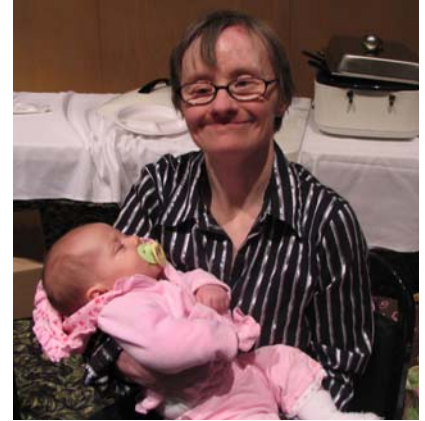
how to advocate for my rights as a person with a disability. I enjoy all the people that are in the class 2009 partners. I also really enjoyed meeting the legislators and doing the mock testimony. I loved the great company and great food! I hope others in the agency can join partners some time.

Holiday Party

ADVANCE held their annual Holiday Party on Wednesday, December 10th at the Old Sanctuary. The food was catered by Hy-Vee and was Excellent! Things got pretty busy with well over 200 staff, people supported, friends and family members attending the party.

By: Paige Olevson

After the meal, we had quite the entertainment with a karaoke version of classic Christmas Carols. It seemed as though everyone had a great time & we learned that next year we need to start looking for a larger venue! Here are some pictures from the party:



Connie E. gets a chance to hold a staff's baby!



Supported Living took the opportunity to have a group picture taken— here are some staff and people supported from Supported Living that came to the party!



Jason M and Karen W had a great time!

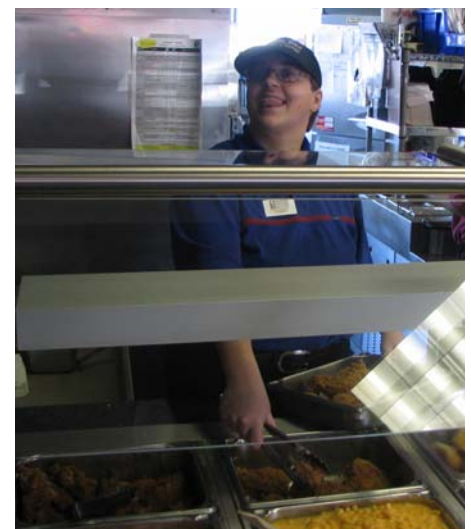


Everyone loved Adam S.'s Ho Ho Ho's!

Congratulations!



A big Congratulations to Catherine Godes who just passed her 8th month of working at KFC! Catherine started at KFC on July 07 of 2008 doing various jobs at KFC as you can see from the pictures. Keep up the great work!



I Hate Winter Luau

In February, we decided we had enough of winter! We held an I Hate Winter Luau where everyone got the afternoon off. We had cake, bingo, karaoke & dancing . It was a great way to beat the winter blues. It helped us forget about the cold snow outside and bring in some warm fun!



Top Left: Jamey H Middle: Sherri W Right: Richard Z.

Bottom Left: Stephanie, Stanley & Adrienne

Bottom Middle: Donna D.

Right: Christina & Mark



ADVANCE would like to welcome our newest employees:

ALA

Mike Sjaarda

SLA

Kelsey Kummer
Courtney Dardis

Residential Services

Tammy Franks

509

Hanna Radel
Aneta Glab

Hillcrest

Autumn Miller
Ashley Wurts

Prairie View

Erica Foss
Erica Lloyd
Jennafer Burshem
Natalie Woolridge

Supported Living

Lisa Haffeman

905

Jesse German
Michelle Bunker
Tiffani Rost
Kylee Knight
Carrie Kneifl

Day Services

Teresa Nygaard
Danielle Price
Shaun Feilmeier

717

Tracy Manzanares
Anthony Abeln

Yorkshire

Constance Hofer
Katrina Jenkins
Teri Zastrow
Adrienne Brannan
Nicholas Chase
Alyssa Struve

ADVANCE Excellence

November 2008

Phil Olinger- 509
 Chelsea Wecker- 905
 Leslie Edmundson- 905
 Katie Eggenberger- 905
 Suzanne Klocker-Act. Cent
 Mustang Pass Staff
 Ashton Chavez- MP
 Rachel Tilleman- 905
 Jen Hansen- 905
 Myrtle First- ALA
 Donna Draughn- ALA

December 2008

Susan Kramer- Sup. Liv.
 Josh Aderhold- Hillcrest
 Dennis Haber- 717
 Bill Lufkins- Sup. Living
 Phil Olinger- 509
 Melinda Weidemann- S.L.
 Betsy Yseth- Hillcrest
 Karmyn Kindle- Hillcrest

January 2009

Amy McGregor- ALA
 Les Schmeichel- 509
 Roger Neuroth- 509
 Jessica Bragg- 905
 Renae Becher- 509 DS
 Maggie Harkness- Med Sew.
 Regina Gebhart- Med Sew.
 Leslie Edmundson- 905
 Chad Visker- Support Coord.
 Mustang Pass Staff
 Dena Skiles- 905 DS

February 2009

Randy Fish- Mustang
 Cindy Hetzel- 717
 Megan Weideman- Voc
 Rhonda Hanson- SLA
 Kylie Biel- SLA
 Liz Garbers- Voc
 Rose Styf- Hillcrest
 Jeannie Bentley- Voc
 Megan Weideman &
 Kelsie Grimlie- Voc

Getting In Shape

By: Randy Fish and Suzanne Klocker



Top : Randy and Suzanne work up a sweat

Right: Randy shows off how great he is doing with the exercise bike

Hi my name is Randy Fish. I have decided to start exercising. I either walk on the treadmill or outside or ride the exercise bike. I have been doing this almost every weekday out at the center. Many people are proud of me, even my doctor. Whenever I have a really good work out I have a nice cold glass of root beer. I have been doing this for about 2 (Jan & Feb) months now. I usually ask the nurse Kelly to work out with me. I am hoping this will help me lose weight and be healthier!



Sledding at Great Bear



L to R: Tawnya M, Arley L, Brandon S, Kelsie, Curtis C.

Pictures by Marv Bahr

The Cold didn't stop Kelsie and Marv from bringing a group to Great Bear to go snow tubing! Here are some pictures from their trip.



Brandon S and Tawnya M sit for a ride



Arnie C. went along for the trip



Arley L. waits for another turn!



Curt C. gets his picture taken on the tow rope back up the hill

Mitten Tree

A big Thank You to everyone who donated to this year's Mitten Tree. Just to refresh your memory the mitten tree was a collection of hats, mittens, scarves, etc... These items were collected and then given to local kids who were in need of winter accessories.

Information from: Jessica Stout

This year ADVANCE donated 2 full boxes! The donations went to the Brookings Boys and Girls Club.

Here is the ADVANCE mitten tree in the lunchroom before taking the items to the Boys and Girls Club.



Welcome to ADVANCE!



Caleb Berger

ADVANCE would like to welcome Caleb and Mike!

Caleb comes to ADVANCE from Millbank and has moved to SLA.

Mike also comes to ADVANCE from Millbank and has moved into SLA.

Welcome to ADVANCE
Mike & Caleb!



Mike Sass

Happy Birthday Lisa!

By: Lisa Husaboe & Paige Olevson



On January 28th we celebrated a very special occasion— Lisa H turned 30! It was a great party with many people there to celebrate with Lisa. The cake and ice cream were delicious! Lisa was a real party animal and took time to talk with everyone who came to give her Birthday Wishes. Lisa said the best part of her party was “eating cake, ice cream, funyons and REGULAR Mountain Dew!” Lisa wanted to thank everyone for coming and a big Thanks to Kim for helping her put everything together! Lisa’s last comment about the day is that she is now “older than dirt!”

Happy 30th Birthday Lisa!

Upcoming Events

March Madness- March 17, 2009

Orientation- Monday, March 30 & Tuesday, March 31 9am-4pm in B&C

Med Classes- Wednesday, March 18; Thursday, March 19; Friday, March 20; Monday, March 23:
4p-8p in B&C

Med Test- Tuesday, March 24 @ 4 pm in B&C

Safe Transfers- Thursday, March 26th 3:30pm in the Activity Center

Medical Services

The Medical Services department would like to thank Melissa Waldner for being such a great contribution to our team. As many of you know, Melissa recently graduated from the SDSU School of Nursing. She has accepted a job at St. Luke's Hospital in Aberdeen, South Dakota. While we are all very sad to see her leave, we want to wish her the very best on her endeavors and wish her luck in this new chapter of her life.

Our great medical services staff: (L to R) Kelly, Regina, Melissa, Maggie, and Jackie. We'll miss you Missy!



A special Note...

As many of you may already know, Friday Feb 20th was my last day at the agency. I will be moving to Aberdeen, SD and have accepted a position as a registered nurse at Avera St. Luke's hospital. I would like to express my gratitude to everyone. Thank you for accepting me and sharing your lives with me, for trusting me, for showing me that there is always something to be thankful for, for making sure I smiled at least one time a day (more like 1,000x day), for amazing me with your strength and courage to always live your lives to the fullest, for teaching me that everyday is a gift. I will miss each and every person at ADVANCE. I have been challenged to come back and visit and I plan to follow through...see you soon-DARLIS!

- Missy